



Over-the-Counter (OTC) Allergy and Sinus Medications

Nasal Antihistamine

Azelastine (Astepro, Astelin)

Allergy Eye Drops

Olopatadine HCl (Pataday)

Nasal Steroids

Nasacort
Flonase Sensimist
Flonase
Rhinocort

Oral Antihistamines

Cetirizine (Zyrtec, Aller-Tec, Wal-Zyr)
Levocetirizine (Xyzal)
Loratadine (Alavert, Claritin)
Diphenhydramine (Benadryl)
Fexofenadine (Allegra, Aller-ease,
Aller-Fex, Wal-Fex)

Sinus Medications

Sudafed (Pseudoephedrine)
Mucinex (Guaifenesin)
Tylenol Sinus
Advil Sinus
Afrin No Drip (under provider direction)